

**6th Annual
Night Owl 9K Run
Freedom Park, Williamsburg, VA
Saturday, June 28, 2025
A Colonial Road Runners Grand Prix Event**

153 finishers in 9K run/walk.

** Age group record (5-year age groups)

Men Overall

1. Roger Hopper, 34	Chesapeake	34:56
[course record 31:55 by Roger Hopper, 31, Chesapeake, in 2022]		
2. Jason Wahr, 41	Virginia Beach	40:50
3. Timothy Suhr, 54	Williamsburg	42:16

Women Overall

**1. Marjorie Friedrichs, 58	Williamsburg	44:18
[course record 38:39 by Bethany Spector, 32, Virginia Beach, in 2021]		
2. Tricia Murphy, 44	Williamsburg	46:04
3. Nicole Overton, 39	Williamsburg	48:42

Men 14-and-under

1. Harold Dahl, 14	Williamsburg	45:30
2. Andrew Dahl, 13	Williamsburg	1:06:55

Men 15-19

1. Luke Galindo, 17	Williamsburg	42:31
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Men 20-24

1. Juan Esquivel, 20	Newport News	1:17:14
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Men 25-29

1. Conner Kincaid, 25	Yorktown	46:49
2. Michael Teener, 29	Williamsburg	1:16:04
3. Evan Campbell, 28	Fort Eustis	1:35:45

Men 30-34

1. Kevin Clark, 33	Newport News	49:23
2. Tristan Roehrbein, 34	Providence Forge	50:52
3. Duncan Hamra, 30	Williamsburg	55:20
4. William Gurkin, 33	Williamsburg	56:22
5. Mitch Clarke, 32	Henrico	1:07:17
6. Steven Madsen, 34	Hayes	1:11:40

Men 35-39

1. Steve Thornton, 37	Norfolk	42:47
2. Jordan Chapman, 36	Williamsburg	44:35
3. Brian Fries, 37	Yorktown	47:17
4. Tommy Regnaud, 35	Virginia Beach	47:40
5. Matthew Abeyounis, 35	Newport News	48:48
6. Austin Usher, 39	Chesapeake	56:37
7. Steven Mueller, 37	Newport News	58:23
8. Andrew Leager, 37	Hampton	1:00:47
9. Liam Huth, 36	Gloucester	1:00:48
10. Jonathan Blosser, 36	Richmond	1:09:15

11. Matthew Ewing, 35	Yorktown	1:09:38
12. Armando Negroni, 37	Suffolk	1:15:46
13. Nathaniel Johnson, 38	Williamsburg	1:16:26
14. Justin Allen, 37	Williamsburg	1:17:30
15. Conor McAnulty, 37	Norfolk	1:37:53

Men 40-44

1. Jeffrey Hellner, 43	Williamsburg	48:19
2. Ettiene Mena, 42	Virginia Beach	49:09
3. Michael Stallings, 42	Windsor	54:23
4. Crafton Wilkes, 43	Chester	54:41
5. Solomon Metcalf, 41	King William	55:28
6. Tommy Garrenton, 43	Virginia Beach	57:54
7. Patrick Minter, 43	Newport News	1:11:15
8. Johnathan Hardee, 44	Carrollton	1:16:26

Men 45-49

1. Kyle Aulenbach, 48	Yorktown	42:51
2. Andrey Kubarovskiy, 46	Newport News	48:37
3. Jason Kirkpatrick, 46	Williamsburg	49:57
4. Justin Gilmer, 46	Henrico	1:10:36
5. Mark Verastek, 49	Newport News	1:13:02

Men 50-54

1. Joe Calkins, 54	Lanexa	43:29
2. Vince Phillips, 50	Norfolk	1:00:26
3. Alex Patterson, 54	Greensboro, NC	1:01:04
4. Brian Brown, 50	Lewisburg, PA	1:01:35
5. Jerry Bissell, 50	Virginia Beach	1:22:38

Men 55-59

1. David Anderson, 55	Williamsburg	45:02
2. Tim Merrill, 55	Ashland	56:13

Men 60-64

1. Mark Bellino, 61	Deltaville	59:00
2. Keith Dow, 62	Virginia Beach	1:05:41
3. Richard Bowen, 61	Hampton	1:11:36
4. Ira Haynie, 61	Newport News	1:13:33
5. Tim Hogan, 63	Williamsburg	1:14:00

Men 65-69

1. Thomas Barry, 67	Williamsburg	55:59
2. David Martin, 65	Newport News	57:15
3. Leo Pacanowski, 65	Virginia Beach	1:09:28

Men 70-74

1. Jim Duffy, 73	Poquoson	53:07
2. Frank Corbett, 74	Williamsburg	59:57
3. Allan Richardson, 71	Virginia Beach	1:55:19*

*Walker winning age group award

Men 75-and-over

1. William Moore, 78	Williamsburg	1:18:13
2. William Chadim, 78	Midlothian	1:18:31

Men Walk

1. Paul Rienth, 66	Williamsburg	1:19:41
2. Thomas McAnulty, 72	Norfolk	1:33:06
3. Bob Curtin, 72	Hampton	1:52:40
4. Allan Richardson, 71	Virginia Beach	1:55:19

Women 14-and-under

1. Mira Rettinger, 9	Richmond	1:05:12
2. Alese Salazar, 14	Hampton	1:15:34
3. Autumn Metcalf, 14	King William	1:36:24*

*Walker winning age group award

Women 15-19

1. Isabella Ornelas, 19	Hampton	49:03
2. Corinne Lombardo, 19	Yorktown	49:03
3. Bristol Stallings, 15	Windsor	1:10:40

Women 20-24

1. Brenna Patterson, 21	Greensboro, NC	1:01:04
2. Samantha Townsend, 23	Hampton	1:20:48

Women 25-29

1. Christine Maier, 27	Fort Eustis	52:43
2. Hailey Hopkins, 29	Fredericksburg	54:03
3. Nicolle Maier, 25	Lillington, NC	58:54
4. Courtney Kent, 28	Chesapeake	1:07:56
5. Alyssia Willis, 27	Yorktown	1:17:51

Women 30-34

1. Amanda Spangler, 34	Virginia Beach	54:24
2. Natalie Brown, 34	Midlothian	57:51
3. Chelsea Metcalf, 33	King William	1:08:02
4. Kathryn Blosser, 30	Richmond	1:09:15
5. Meghan Bailey, 32	Anchorage, AK	1:10:22
6. Danielle Vicente, 31	Toano	1:16:11
7. Lindsay Boone, 33	Yorktown	1:27:01
8. Ashana Salazar, 34	Hampton	1:28:33

Women 35-39

1. Gretchen Mullin, 39	Bristow	53:31
2. Katherine Wease, 35	Williamsburg	54:54
3. Alison McGrail, 38	Richmond	1:00:40
4. Caroline Bustamante, 37	Virginia Beach	1:03:55
5. Laura Rettinger, 38	Richmond	1:05:12
6. Rae Granofsky, 35	Odenton, MD	1:06:38
7. Brooke Smithson, 36	Gloucester	1:07:02
8. Brittany Proctor, 35	Virginia Beach	1:07:57
9. Ashley Morrow, 37	Ahoskie, NC	1:08:07
10. Jessica Krizek, 35	Richlands, NC	1:11:52
11. Carissa Wyman, 37	Virginia Beach	1:12:23
12. Iryna Dorovska, 36	Toano	1:12:47
13. Kate Egner, 39	Williamsburg	1:13:07
14. Katy Negroni, 36	Suffolk	1:16:12
15. Angela Billups, 37	Chesapeake	1:22:25
16. Leigh Wahr, 37	Virginia Beach	1:23:54

Women 40-44

1. Joanna McCandlish, 43	Williamsburg	55:46
2. Sara Workman, 41	Williamsburg	56:07
3. Shannon Foxx Day, 42	Williamsburg	56:40
4. Leslie Sampedro, 43	North Prince George	59:47
5. Hillary Hinkle, 41	Mechanicsville	1:07:17
6. Anna Florello, 40	Williamsburg	1:08:20
7. Cassandra Michelle, 40	Henrico	1:10:36
8. Annie VanSkiver, 44	Williamsburg	1:11:53
9. Dana Stallings, 42	Windsor	1:13:03
10. Shannon Stoughton, 44	Richmond	1:13:28
11. Roberta Woller, 43	Hampton	1:14:50
12. Andrea Beyer, 43	Midlothian	1:19:09
13. Lindsay Otis, 40	Williamsburg	1:22:09
14. Jessica Templeton, 41	Newport News	1:28:44
15. Eva Goodman, 41	Williamsburg	1:30:17
16. Marie Garrenton, 41	Virginia Beach	1:38:09
17. Jennette Schuhmann, 44	Virginia Beach	1:38:10

Women 45-49

1. Annette Lombardo, 49	Yorktown	52:35
2. Claudia Guerrero Barrera, 45	Williamsburg	57:50
3. Michelle Jowdy, 47	Williamsburg	1:02:14
4. Cathy Dahl, 46	Williamsburg	1:06:56
5. Jeanette Primich, 49	Williamsburg	1:11:19
6. Rusheene Houchins, 47	Yorktown	1:13:29
7. Megan Lachman, 45	Norfolk	1:13:47
8. Beverly Grimmett, 49	Norfolk	1:20:23
9. Karen Smith, 48	Yorktown	1:23:05

Women 50-54

1. Adrienne Sines, 50	Williamsburg	56:18
2. Jeanne Fiocca, 53	Yorktown	1:01:27
3. Susan Hagel, 52	Norfolk	1:02:47
4. Jennifer Walkawicz, 52	Williamsburg	1:06:40
5. Eichel Hamaker, 54	Chester	1:10:00
6. Tricia Wingard, 53	Williamsburg	1:12:34
7. Christina Johnson, 53	Hayes	1:15:00
8. Kate Nguyen, 52	Virginia Beach	1:16:43
9. Heidi Sleasman, 53	Chesapeake	1:18:38
10. Michelle Parciak, 50	Virginia Beach	1:19:27

Women 55-59

1. Criztina Jean, 56	Williamsburg	1:09:27
2. Shelly Liebler, 57	Williamsburg	1:14:08
3. Emma Benedetti, 56	Glen Allen	1:25:16*

*Walker winning age group award

Women 60-64

**1. Connie Glueck, 61	Williamsburg	49:14
2. Norma Phillips, 64	Williamsburg	1:01:30

Women 65-and-over

none

Women Walk

1. Carol Minter, 42	Newport News	1:24:54
2. Kristen Lengel, 42	Newport News	1:24:55
3. Cathy Kaurich, 69	Williamsburg	1:25:15
4. Emma Benedetti, 56	Glen Allen	1:25:16
5. Autumn Metcalf, 14	King William	1:36:24
6. Elizabeth Davis, 54	Cedar Bluff	1:42:51
7. Raquel Perez-Lopez, 50	Norfolk	1:56:35

9K Run Age Graded (using 10K tables)

Place, Name, Gender, Age, City, Time, Age Graded Percentage (as compiled by Jim Gullo)

80% is national class, 70% is regional class, 60% is local class, 50% is average

9K Race Walk Age Graded (using 10K tables)

Place, Name, Gender, Age, City, Time, Age Graded Percentage (as compiled by John Strassberger)

All over 50%

Unclaimed Race Awards

For those not able to make the post-race awards ceremony, contact the race director, Ellen Alexander at:

ultraellen@gmail.com; cell 757-240-3713.

Or contact Rick Platt (757-345-1431, rickplatt14@gmail.com) to make arrangements to pick up your race award medal at a CRR group run, at a future CRR Grand Prix race, or to be left off at Colonial Sports on Jamestown Road for pickup.